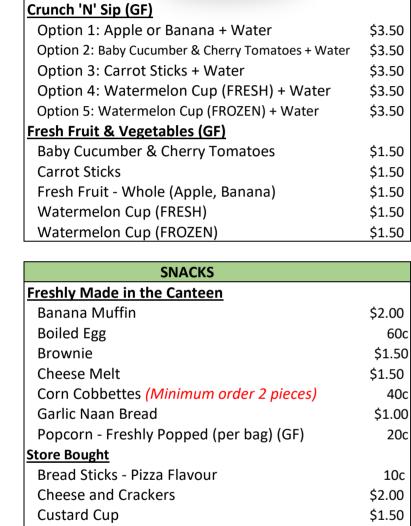
Caringbah North Public School Canteen

Term 2, 2021



"Happy Heart, Happy Food, Happy Tummy"



HEALTHY CHOICES



\$1.80

\$1.00

\$1.80

Hot Chocolate

Grain Waves (Sour Cream & Chives)

Mamee Noodle Snacks (Chicken)

Sea Salt Red Rock Deli Chips

	SANDWICHES, WRAPS & ROLLS			
	Margarine ONLY (GF)	\$1.50		
	Cheese - Tasty (GF)	\$3.00		
	Cheese - Tasty & Salad (GF)	\$4.30		
	Egg (Plain) (GF)	\$3.50		
	Egg & Salad (GF)	\$4.50		
	Ham & Cheese (Tasty) (GF)	\$3.80		
	Ham, Cheese (Tasty) & Tomato (GF)	\$4.00		
	Honey (GF)	\$2.00		
	Meat (Chicken, Ham or Tuna) - Plain (GF)	\$3.50		
	Meat (Chicken, Ham or Tuna) - Salad (GF)	\$4.50		
	Salad (Lettuce, Tomato, Carrot, Cucumber & Beetroot) (GF)	\$4.00		
	Vegemite (GF)	\$2.00		
	Wrap & Roll	50c		
	Gluten Free Bread	\$1.00		
	Toasting Sandwich, Roll or Wrap	Free		
Available Monday to Thursday				

HOT LUNCH MEALS	
Butter Chicken & Rice (GF)	\$4.50
Mac N Cheese (Homemade)	\$3.50
Nachos with Cheese (Small serving) (Homemade)	\$2.50
Nachos with Cheese & Sour Cream (Small serving)	\$2.80
(Homemade)	

HOT FOOD	
Beef Cheese Burger (with Lettuce & Sauce)	\$4.00
Chicken Burger (with Lettuce, Sauce or Mayo)	\$4.00
Chicken Nuggets (Minimum order 3 nuggets)	60c
Ham & Cheese Pizza	\$3.50
Hash Brown	\$1.00
Meat Pie	\$3.50
Meatball Sub	\$3.50
Sausage Roll	\$3.00

SPECIAL FRESH WRAPS			
Chicken Schnitzel Wrap (Chicken Schnitzel, Lettuce,	\$4.50		
Mayo/Sweet Chilli Sauce/Tomato Sauce)			
The Keely Wrap (Ham, Cheese, Lettuce and Mayo)	\$4.50		
The Luke Wrap (Chicken, Tomato, Cheese and Mayo)	\$4.50		
Available Monday to Thursday			
DESIGN YOUR OWN CHEESE MELT			
Cheese Melt (Basic)	\$1.50 +		
Add: Chicken or Ham or Tuna	80c		
Add: Tomato	20c		
Add: Vegemite	10c		
Available Monday to Thursday			
COLD DRINKS			
Cold Milo	\$1.50		
Glee Juice + Bubbles (Bubblegum Grape,	\$2.00		
Tropical Treat)			
Juice Bomb (GF) (Apple Blackcurrant, Apple	\$2.00		
Coola, Apple Raspberry, Lemonade, Orange			
Passio, Vanilla Lime, Watermelon)			
Oak Milk (Chocolate, Strawberry, Vanilla Malt)	\$2.50		
Popper Juice (GF) (Apple, Apple Blackcurrant)	\$1.50		
Water 600ml (GF)	\$2.00		
FROZEN CHOICES			
Frozen Fruit Cun (GE) (Annle, Annle Blackcurrant	\$1.00		

FROZEN CHOICES	
Frozen Fruit Cup (GF) (Apple, Apple Blackcurrant,	\$1.00
Orange)	
Fruit & Yoghurt Iceblock (GF) (Mango)	50c
Ice Mony (GF) (Blue Raspberry, Lemon Ice,	\$1.00
Sour Strawberry, Sour Watermelon)	
Moosies Milk Freeze (GF) (Blue Moon, Chocolate)	\$1.50
Quelch Fruit Stick (GF) (Tropical)	80c
Slushie - Full Cup (GF)	\$2.00

HOT DRINK	Sauce (BBQ / Tomato)
\$2.00	Spoons & Forks (Additional)

The Caringbah North Public School P & C is proud to offer this great canteen service to the school community 5 days a week.

