# CARINGBAHNORTH PUBLICSCHOOL

Connecting Informing Learning

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### WELCOME

On behalf of the staff of Caringbah North Public School, I welcome all new families to our school. I am confident that your child will enjoy their time at Caringbah North Public School, where an emphasis is placed on fostering a positive and caring relationship between pupils, staff and parents.

The school encourages all students to achieve their greatest potential in the acquisition of knowledge, the development of skills and the formation of values which will assist them to live in an increasingly complex and changing world.

Student welfare, which encompasses everything the school community does to meet the personal, social and learning needs of students, is also emphasised and regularly evaluated.

I strongly encourage all parents to become involved in their child's education and look forward to your association with Caringbah North Public School.



#### Sharon Tollis, Principal

### I. GENERAL INFORMATION

Address	125 Cawarra Road, Caringbah NSW 2229
Telephone	02 9524 6098 and 02 0524 5500
Facsimile	02 9540 2826
Email	caringbahn-p.school@det.nsw.edu.au
Website	caringbahn-p.schools.nsw.edu.au
Office hours	8.30am – 3.30pm

#### **School Hours and Supervision**

Morning Assembly	9.10am
Lunch	11.10am – 12.00pm
Recess	2.00pm – 2.25pm
Dismissal	
Kindergarten	2.45pm for Term 1, week 2
	3.10pm for Term 1, week 2 to Term 4
Years 1 – 6	3.10pm Term 1 – Term 4

Teachers supervise the students in the playground during all these periods. The school's morning supervision roster starts from 8.40am. There are no adult staff members available to ensure the safety of students in the playground prior to that time. Parents remain legally responsible for their child prior to 8.40am when supervision begins. We therefore ask that parents ensure that their child is not left unsupervised at the school before 8:40am unless their child is attending a morning rehearsal/training session.

Notes and information is sent out via the SchoolEnews app.

Please see instructions on page 28



### 2. ATTENDANCE AT SCHOOL

All students enrolled at school are required by law to attend school on each day that instruction is provided. All schools record daily attendance. It is the parents' duty to ensure regular school attendance and that students arrive punctually at school.

Parents should send a note or email the school explaining any absences and contact the school if an absence is to exceed three days. The school also uses an sms service to follow-up on absences.

Parents who bring students to school late in the morning, or who wish to take them home at any time during the day, **must first go to the office to sign them** in/out and which details the reason. Parents/carers MUST accompany students to the office when arriving late. They can then be taken to class. Students arriving late and leaving early will be closely monitored and, if it becomes a regular occurrence, the school is required to follow up.

Attendance is monitored by class teachers and recorded in the school attendance register. The register is a legal document and therefore is often subpoenaed. It is essential that we record absences and the correct reason for each absence accurately. All absences are recorded, whether a 10-minute absence or a whole day absence. Absenteeism is carefully monitored by teachers, the school and the Home School Liaison Officer. Home School Liaison Officers are specially trained teachers who work with the school, staff, families and students to improve student attendance at school.

Please ensure appointments with doctors and dentists are made outside school hours. If the child is absent for any reason other than sick leave, leave approval must be sought from the school principal prior to commencement of the leave. Due to the implementation of the ACARA National Standards for Student Attendance Data Reporting, any travel or holidays taken by students outside of school vacation periods will now be recorded as absences on the student's record.

Parents will be required to complete an '*Application for Extended Leave – Travel*' and submit to the Principal for their consideration.

### 3. ARRIVAL AND DISMISSAL

Due to COVID restrictions, the school will have in place procedures to support student arrival and dismissal. This information will be updated as required and will be communicated to parents via the school app – School Enews.

#### Arrival

The day commences for:

Years K – 2	9.10am	daily in the large shade covered area
Years 3 – 6	9.10am	daily in the 3 – 6 playground cola

#### Dismissal

The end of day bell is at 3.10pm for all students.

Please note that week 1, term 1 kindergarten students are dismissed at 2.45pm. From week 4, term 1 they will be dismissed at 3.10pm.

Students will be dismissed in staggered groups at the beginning of the year. This will be communicated via School Enews.

Outside of these times school gates are locked, except the gate in Cawarra Road near the school assembly hall, which is monitored. Parents are to buzz the school for entry.

### 4. 2022 TERM CALENDAR DATES

Term	Begins	Ends
<u>Term 1</u>	SDD – 28 January and 31 January All students return – 1 February (week 2) Kindy starts 10:30am OC Orientation Day 12pm	Friday 8 April (11 weeks)
<u>Term 2</u>	SDD – Tuesday 26 April Students return – Wednesday 27 April Public Holiday – Monday 13 June	Friday 1 July
<u>Term 3</u>	SDD – Monday 18 July Students return – Tuesday 19 July	Friday 23 September
<u>Term 4</u>	NO SDD day 1 Students return – Monday 10 October	End of term Students – Monday 19 December SDD – Tuesday 20 December

### 5. ROUTINES AND PROCEDURES

#### Enrolments

All local children who turn 5 years of age before August 1 are entitled to enrol at school. It is strongly recommended that they start during the first week of Term 1.

Parents can enrol a child through the online enrolment process on the school website. Requests for enrolment of non-local students will be considered on an individual basis. An '*Out-of-Area*' application is to be completed and submitted to the school office through the online enrolment system.

Unfortunately, students enrolling in the OC class will need to do so using a paper copy. This will be supplied by the school at the orientation session.

The orientation programs for Kindergarten and the Year 5 Opportunity Class will be advertised each year on the school website.

#### Calendar

Each term a school calendar is included in the Newslink and on the school website. Please keep this as a handy reference and update it whenever new dates are advised.

#### Canteen

The Canteen operates Monday to Friday and is open at lunchtime and recess. The Canteen aims to provide a variety of balanced and nutritious foods at a reasonable price. A list of available items and prices is issued at the beginning of the school year. Parents are also encouraged to monitor their children's diet. If you would like to help, please email <u>cnpspandc@gmail.com</u>. Volunteers unable to fill their shift are asked to try and find a replacement if possible. If no replacement can be found, they are asked to phone the Supervisor with as much warning as possible.

#### Ordering:

Orders can be placed via 2 methods, the first being online ordering using the Flexischools system. Credit is not available except in cases of emergency. Students can also complete an order on a bag (include name, class, order and money) and take it to the Canteen before school commences. Change will be taped to the bag.

A class representative will collect all lunches before 11.10am. No food may be purchased prior to the commencement of school.

Friday canteen procedures Term 2 and 3:

Recess only to be ordered for Years 3-6 who play PSSA. Strictly no lunch orders for students playing away sport. Friday K-2 canteen procedures are the same as every other day.

#### Charities

Each year the Student Representative Council determines which charity will be supported each term. Various activities are planned to raise funds for the nominated charities. Annual fundraising is held for Stewart House as well as to aid in the sponsorship of our World Vision Child Abroad.

#### **Court orders**

Where there are custody, care or access issues regarding a child, a copy of the court order needs to be given to the Principal to enable a confidential record to be made. Copies of any other court orders relevant to the family also need to be provided to the school.

#### Communication

Parents are informed of school activities by the school website, the school app SchoolEnews, weekly Newslink, CNPS Facebook, notes sent home and by our newsletter CaringBUZZ which goes home twice per term in weeks 5 and 10. Both the Newslink and CaringBuzz are digital newsletters distributed by the school app.

Information about the school app, and how to access it, is included on the school website.

Notes which give details of specific school activities related to your child's education are distributed as required. *Parents should regularly check with their child to see if any correspondence has been issued.* Copies of school notes are also available on the school website.

#### **Concern, Complaint or Feedback**

If you have a concern, complaint or feedback, we do want to hear from you. Usually, the best person to approach is the class teacher. This can be done by arranging a phone call through the school office with the teacher or arranging a meeting if needed. During COVID restrictions a phone call is the place to start.

Sometimes you may need to speak to the Assistant Principal for your child's stage or to the Deputy Principal or Principal. This can also be arranged through the school office.

#### Excursions

Excursions, which are held on a Stage basis, are organised as required. All excursions are designed to complement our school programs and enhance your child's learning.

#### Homework

All students are provided with weekly homework that is in line with Department of Education recommendations. This will include literacy and numeracy tasks along with research projects in years 2-6. More information about tasks is provided in stage information sessions at the beginning of the year.

#### Interviews

Parents requesting an interview with the Principal or members of staff should contact the school to arrange a mutually suitable time. Please do not 'drop in' to speak to teachers during class time or

whilst they are on playground duty.

Parent/Teacher interviews are held at the end of Term 1. Contact with parents also takes place at the beginning of Term 1 as an Information Session.

#### Library

The library is operated, five days per week and is usually open to students during the second half of lunch. Borrowing is conducted during class lessons and at lunch time. Books can be kept for two weeks. To ensure books are kept clean and in good condition all students need a library bag when borrowing from the library. Families are responsible for the replacement of books which may be lost or damaged.

#### Lost property

Parents are strongly urged to label permanently and clearly all items of clothing plus school requisites. *A 'Lost Property Box'* is located in both the K-2 and 3-6 areas. Please feel free to check for your child's missing items.

Items not collected after a number of weeks are either donated to the Uniform Shop Second Hand Clothes or a local charity.

#### **Payments**

Payments for all school related activities such as excursions, sport, etc. as well as fees, and resources, can be made online through the school website by clicking on the **\$Make a Payment** to access POP (Parent Online Payments) or through the SchoolEnews app. Our preference is for online payments however cash/cheque can be deposited in the school collection box provided in the office.

There is a separate box also provided for any P&C activities such as raffles, school fair etc. White papered notes go in *School Collection Box* and yellow papered notes go in *P&C Collection Box*.

#### **Mobile Phones**

Mobile phones are important modern day communication tools. However, they can easily be improperly used, lost or damaged and must therefore be effectively managed. Students are not to bring mobile phones to school unless permission from the Principal has been successfully sought by parents who have outlined the health, safety or personal reasons that justify the student being in possession of a mobile phone. Application forms are available on the school website under - About our School/Rules and Polices.

#### **Personal belongings**

Students' personal equipment e.g., rulers, coloured pencils should, if possible, be labelled. Items of value, including expensive toys, should not be brought to school unless being used for news items. Even in this case, no responsibility can be taken for theft or damage to any item that a student brings to school.

#### Performances

On occasions during the year students are entertained and educated by visiting performers. These acts are all approved by the Department of Education and are designed to support school programs, especially in the Creative Arts.

#### **School contribution**

An annual contribution per child per year is sought by the school. This money enables educational resources to be purchased for use by your children. The contribution can be paid annually or each semester.

#### Special Religious Education (SRE) and Special Ethics Education (SEE)

SRE classes are held every Thursday morning by Protestant or Catholic Religious Instructors. SEE classes may also be available for your child dependent on the availability of volunteers.

K – 2 classes: 10.05am – 10.35am

3 – 6 classes: 10.35am – 11.10am

Parents have the right to request their child not attend SRE. The non-scripture group is supervised by a class teacher.

Further information can be found on the school website.

#### Uniform

Our Uniform Shop is located at the Eastern end of the K-2 toilets (driveway side) up a short ramp. It is very accessible for prams. Toddlers are very welcome. The prices are heavily discounted and the volunteers will answer any questions you may have. Samples are available to try on before purchase with cash and personal cheque (payable to Caringbah North PS P&C Association) accepted.

The shop is open every Monday during term from 2:45—3:20pm and Friday 8.45am – 9.20am. Orders can also be placed online using the Flexischools system or order forms can also be collected from the school office. Payment is requested when you place your order. Completed orders will be given to the child via the classroom teacher.

School Bags, Library Bags, Paint Shirts, Raincoats and Hats are all available from the Uniform Shop. Hats can be bought from the school office.

If you have any questions, please don't hesitate to speak to the uniform shop volunteers who all are very experienced in fitting uniforms.

The school uniform is also available at Claudine's, 23 President Ave, Caringbah.

#### Vehicles – parking

Parents dropping students in the morning or collecting them in the afternoon are advised that there is **NO** vehicular access to the school, even on rainy days.

Parking regulations in Cawarra Road and Dianella Street must be adhered to so as to minimise the likelihood of accidents to students and significant fines.

#### Volunteering

Due to COVID restrictions, we have not been able to have the same level of parent volunteering at school that we generally do. We will let parents know if this situation changes. All parent volunteers must complete required paperwork at the school office before taking on a role.

Parents are currently able to volunteer at the school canteen and uniform shop. You can contact the P&C via their email <u>CNPSPandC@gmail.com</u>.

#### Wet weather

On wet days, pupils should ensure that they have appropriate wet weather clothes. They are also encouraged to bring along an indoor game to occupy themselves during breaks.

On wet days students should arrive at school close to morning line time. When wet weather is called in the mornings after 8.40am, students go straight to class where they will be supervised by teachers.

#### Before and After School Care / The Caringbah North Activity Centre

Before and After School Care is a non-profit organisation which provides programs to enable students to play with friends and take part in a variety of supervised activities in a safe and caring environment.

The centre operates Monday to Friday between the hours of 7.00am to 9.00am and 2.45pm to 6.25pm.

The Caringbah North Activity Centre is onsite and can only be accessed in the morning and evening via the Cawarra Road gate, near the pedestrian crossing.

Please phone 9540 2239 for information about the Centre.

### 6. EMERGENCY PROCEDURES

There are procedures at our school for emergencies. These include evacuation and lockdown. The WHS committee reviews the procedures annually.

Drills are carried out at least twice per year and are then reported reviewed by our Work Health and Safety Committee. A debriefing with all staff follows each drill to determine the effectiveness of the emergency response.

Parents involved in school activities on the school premises will follow the same procedures outlined for the students.

Parents are advised in school News Bulletins not to contact the school during an emergency as phone lines need to be available for incoming and outgoing calls to and from various DET and emergency departments.

Students will not be dismissed from school until we are advised by Department of Education Regional Office or Emergency Services.

### 7. SCHOOL COMMUNITY – P&C

The CNPS P&C meets twice a term on Wednesday of Week 3 and week 8. The meetings generally take place in the school library, starting at 7pm. Meetings may be conducted by Zoom if required. All parents are very welcome to attend.

The P&C runs the school canteen as well as the uniform shop. Volunteers are always welcome.

The Annual General Meeting will take place in Term 1 Week 8 to elect the new office bearers.

Office bearers for Caringbah North Public School's P&C Committee for 2022 are:

PRESIDENT: Position Vacant

Vice President: Krista Nicholson

Treasurer (General): Mark Allan

Secretary: Kristie Wong

Treasurer (Canteen): Julieann Van der Linden

Canteen Manager: Sana Kazan

Fundraising Co-ordinator: Courtney Thurston

Uniform Co-ordinator: Position Vacant

**Communication Officer: Adrienne Heaney** 

Should you wish to join the P&C or offer suggestions for things that the P&C might be able to implement, contact them on their email - <u>CNPSPandC@gmail.com</u>.

The P&C also hosts a P&C CNPS Facebook page. This is separate to the school page.



#### Caringbah North Public School P&C has Online Ordering!

Caringbah North Public School P&C has a great online ordering system for **Canteen Orders**, **Uniform Ordering**, and P&C Fundraising Events called *flexischools*. This system allows parents, students and staff to place orders from home, work or school at any time. The payment is also done online, so less paper bags, less cash, cheques, and no envelopes being sent via your students

to school for P&C services and Events. As well as being convenient for parents, the online orders are much faster and easier for the P&C Volunteers to process

Getting online is easy and only takes a few minutes to register.

Once registered, you can start placing orders <u>immediately</u> for Canteen Orders & Uniform Orders.

So, for the <u>Uniform Shop</u> you can visit the shop on Friday Mornings and pat cash on the day' or complete the order forms; **OR** you have the added service of being able to place an order 24/7 online thrust flexischools.

For the <u>Canteen</u> you can still visit the canteen and place an order for Crunch & Sip, Recess or Lunch over the counter; and children can still go to the canteen with their money to purchase their food and treats, **AND** you can place an order 24/7 online thru <u>se flexischools</u>. Plus you can pre-order for the entire term or year!!

For P&C run Events & Fundraisers you can log into flexischools and pay by Credit or Debit Card or Direct Deposit, via your existing registration, OR you can even log into the flexischools website and order tickets with Credit Card as a 'guest' without registering! Plus you still wil have the option to send cash/cheque with the orders forms we send you for any events.

ORDERING Available 24/7 Convenient for parents Removes paper orders and cash FREE registration Online ordering is more convenient, providing a 24/7 payment and ordering system that can be accessed from home, work or a mobile device. No more fumbling around for coins in the morning or sending kids to school with excess cash, online orders are faster and more accurate giving parents peace of mind that their order and payment is received accurately at the school. Registration is free and only takes a few minutes. EASY, ONLINE REGISTRATION Go to www.flexischools.com.au Click REGISTER Enter vour email You will be emailed a link to an online form -

ONLIN

- follow the link

  Choose a username and password and complete
- the formAdd each student and their class
- Top-up the account VISA or Mastercard preferred.





<u>www.flexischools.com.au</u>

### 8. CURRICULUM

The primary curriculum is divided into six Key Learning Areas that must be studied by all children in each year of their primary school career. The greatest emphasis is placed on English and mathematics.

#### English

- Reading and Viewing
- Writing and Representing (including Spelling and Handwriting)
- Speaking and Listening

#### **Mathematics**

- Working Mathematically
- Number and Algebra
- Measurement and Geometry
- Statistics and Probability

#### **Science and Technology**

Students learn about natural and made environments by investigating, designing, making and using technology.

#### Human Society and Its Environment (History & Geography)

Students learn about Change and Continuity, Cultures, Environments and Social Systems and Structures.

#### **Creative Arts**

- Music
- Visual Arts
- Drama

#### Personal Development, Health and Physical Education

- Growth and Development
- Games and Sport
- Gymnastics
- Dance
- Active Lifestyle
- Personal Health Choices
- Safe Living
- Interpersonal Relationships

### 9. CO-CURRICULAR ACTIVITIES

#### Bands

Two bands are run at the school

Performance Band - students audition to gain a place in this ensemble.

The group meets weekly before school on a Friday. If parents wish to purchase an instrument for their child, advice should be sought from the Band Coordinator. There will be a band camp 25 - 26 July at Stanwell Tops.

Training Band – each year this program targets Year 4 and new Year 5 students. Instruments are available for hire. This group meets weekly in school hours on a Friday morning.

Weekly tutorials are conducted for all bands before school. Fees are involved with each group.

#### Choirs

Two choir groups operate in our school. The Senior Choir includes students from Years 5 and the Junior Choir includes students from year 2. These students have the opportunity to perform at the Sutherland Shire Music Festival and various school functions.

#### Dance\_Groups

Students from Years 2-6 audition for the Dance Groups at the beginning of each year. There are various dance groups for both boys and girls. Dance rehearsals are held either before school or at lunchtime in preparation for various performances including the Sutherland Shire Music Festival and various school functions.

#### EAL/D (English as an Additional Language or dialect)

The school has an ESL allocation which varies from year to year. Our EAL/D teacher assists those students in K-6, from non-English speaking backgrounds, to develop skills in the English language.

#### National Assessment Program Literacy and Numeracy (NAPLAN)

Years 3 and 5 students are assessed each year in the areas of Spelling, Grammar, Punctuation, Writing, Reading and Numeracy.

NAPLAN results are communicated to parents.

The school undertakes an analysis of the results in order to meet the needs of students.

#### **Opportunity Classes (OC)**

OC classes are designed to cater for the needs of academically gifted primary school students throughout NSW. These classes operate in Years 5 and 6. Year 4 students apply to sit for an external test which is set by the Higher Performing Students Unit and usually held in either July or August. The results of this test, combined with school assessment, determine offers of placement, which are usually made by the end of October. An Orientation Day is held prior to commencement.

#### **Personal Development Programs**

During the year, all students have lessons, at their level of understanding, targeting Social Skills, Anti– Bullying, Drug Education and Child Protection.

A key part of this program is CONNECT 4. Connect 4 is a peer-support program which occurs weekly throughout the school year. It is led by Year 6 students. Students are placed in multi-age house groups which they remain in from year to year and participate in a range of social skills lessons.

#### **Public Speaking**

As part of the Speaking and Listening component of the English syllabus, public speaking is conducted in all grades; kindergarten to year 6. Representatives are selected to participate in the K, Stage 1, Stage 2 and Stage 3 sections of the Zone Public Speaking competition held in term 3.

#### **School functions and Activities**

Parents attendance at various school functions such as Easter Hat Parade, the Sutherland Shire School's Music Festival, Education Week, Book Week activities, Sports Carnivals, Walkathon and Presentation Day is encouraged and very much appreciated.

These events will be subject to COVID procedures in 2022.

#### Stage 3 CAMPS

At the end of term 2 both Year 5 and Year 6 will be going on separate 3-day camps. Year 5 will be going to Berry Sport and Rec and Year 6 will be going to Canberra.

Information sessions will be held in term 2 about the camps.

Date for 2022:

Year 5 – 27 – 29 June 2022

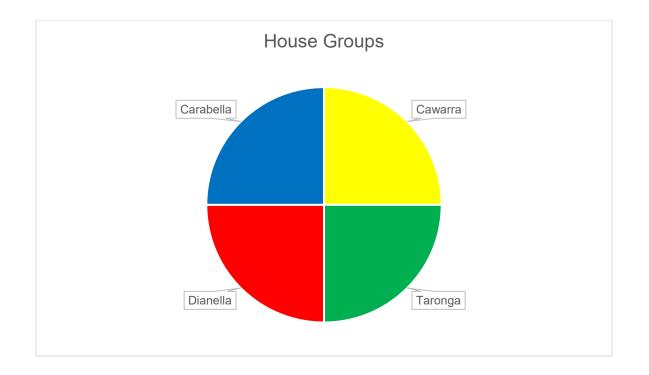
Year 6 – 27 - 29 June 2022

#### Sport

Sport is held each Friday. Year 3 – 6 students participate in inter-school competitions in soccer, cricket, softball, netball and basketball. The sports will vary from year to year.

Tennis (Years 5 & 6), stroke correction, flippa ball (a water polo activity for Years 5 & 6 in summer terms only) and a House sport program are offered to students not participating in these competitions.

Students are allocated to four house groups



Children from the same family are allocated to the same House Group.

Term 1 – School swimming carnival 22 February 2022- For students in Years 3 to 6 plus students turning 8 years old in Year 2.

Term 2 – Cross country carnival 1 April 2022- For students in Years 3 to 6 plus students turning 8 years old in Year 2.

Term 3 – Athletics carnival 21 July 2022- For students in Years 3 to 6 plus students turning 8 years old in Year 2. K-2 hold their own athletics carnival.

The Intensive Swimming Scheme, held over a fortnight, targets non swimmers and partial swimmers in Years 2, 3 and 4.

K-2 students participate in a fitness program for 20 minutes each Thursday. Each Friday, sporting activities including dance, ball skills and games, which are designed to develop the 12 Fundamental Movement Skills.

### **10. STUDENT LEADERSHIP**

Students are encouraged to take active leadership roles. School Captains, Vice-Captains and prefects are elected each year from the incoming Year 6 students.

The four sports houses elect House Captains and Vice-Captains.

The Tech team assist with the smooth functioning of the library during the second half of lunch.

#### **Student Representative Council (SRC)**

Two representatives from each class in Years 2 - 6 plus the School Captains and Prefects comprise the SRC. All students are elected to these positions by their peers.

This group has regular meetings to discuss school issues affecting students for example playground, rules, uniform and more.

The role of the SRC is to:

- Represent student feelings, interests and opinions as part of the decision making in the process in the school
- Promote school spirit and good relations between students, staff, other schools and the community
- Encourage participation in all aspects of school life
- Coordinate fundraising for school and community projects
- Assist as needed, at school assemblies and other school functions

### II. STUDENT WELLBEING AND BEHAVIOUR

#### Learning support team

The Learning Support Team meets weekly to ensure that the needs of individual students are addressed. The members of this team include the Coordinator, School Counsellor, teachers and the Learning and Support Teacher. Each class teacher attends a scheduled meeting to discuss needs of students in his/her class.

#### Learning and support teacher (LaST)

The Learning and Support Teacher assesses students who have been identified as requiring additional support in the areas of Literacy and Numeracy.

After consultation with the school Learning Support Team and the class teacher an individual program is written for each student.

Programs are implemented by the support teacher, class teacher and parent tutors who are trained to help. The support teacher also monitors and records students' progress.

#### Positive Behaviour for Learning (PBL)

Caringbah North Public School's discipline system aims to reinforce positive behaviour by clearly explaining to students expected behaviour, rewarding students with *"You Earned It"* cards.

Every five cards earn the student a different merit certificate. The maximum 25 cards entitles the student to a sew-on badge which is worn on the school hat. Certificates can be carried forward each year.

Certificates are presented at assemblies throughout the year and the names of '25 You Earned It' winners are listed in school 'News Buzz'.

A copy of the school's discipline policy, which fully details the many aspects of this program, is on the school website.

### 12. STUDENTS WHO ARE SICK OR INJURED AT SCHOOL

Students who indicate, prior to leaving for school, that they are unwell or students obviously unwell should not be sent to school. If you are unsure, it is better to keep them at home.

## If a child is sick or injured at school, parents or the person nominated as an emergency contact will be notified by a staff member. It is expected that a family member or nominated person will come and collect the child from school as soon as possible.

On many occasions staff cannot contact parents or the nominated emergency contact and this can make it very difficult for everyone involved, particularly the sick child. *Please ensure any changes in contact persons and telephone numbers are forwarded to the school office immediately*.

If an illness or injury is serious, an ambulance will be called.

#### **Infectious Diseases**

Under the Public Health Act and Department of Education and Training regulations some common infectious diseases require children be kept at home to prevent the spread of infection. For further details the school office or NSW Department of Health should be contacted: http://www.health.nsw.gov.au

#### When must I keep my child at home?

The school's sickbay is for emergency or short-term use only. If children become sick at school their parents will be telephoned and asked to collect them.

Parents are required to provide the school with the name and phone number of an emergency contact for occasions when parents cannot be reached. It is important that information about emergency contacts is kept up-to-date. It is essential that parents notify the school whenever contact details change.

#### Administration of medication

#### **Non-Prescribed**

Under no circumstances will non-prescription drugs e.g. Panadol, Nurofen, Claratyne, topical creams of any description, cough and cold medications etc. be administered to a student by any member of staff, teacher or administration officer.

These medications if required, must be accompanied by a medical plan from a doctor outlining the reason why they are needed. Alternatively, a parent or guardian may come to the school to administer these treatments.

#### Prescribed

Students who require medication, which has been prescribed by a doctor, must have the appropriate paperwork. The school will require a school medication form to be filled out and signed by a parent/guardian. Together with this form we require a written notification from the doctor, who has

prescribed the medication, stating that the student requires the medication during school hours. Without this authority we will be unable to give your child their medication; however, a parent or guardian will be permitted to come to school and administer the medication themselves.

#### Asthma

It is recommended that asthma sufferers should carry on their person the appropriate asthma medication. It is important for their own well-being, in the case of an attack, that they have immediate access to their medication. The school first aid officer will support students who require assistance. Asthma medication is also stored in the office, along with the students Asthma Plan.

Please note that all asthma sufferers who require continual medication should have given a copy of their personal asthma plan to the office (for our reference in case of an emergency). These plans are developed by a doctor and are reviewed annually. They should be updated as variations occur.

In an emergency situation the school does hold Ventolin inhalers in the office for student use.

Naturally, in severe cases, where a student requires medical attention, we would immediately contact a parent or seek medical assistance from the doctor identified on your child's records or emergency ambulance services.

#### Immunisation

The NSW Department of Health recommends that all children entering school be fully immunised.

Parents enrolling kindergarten students need to present the school with an Immunisation Certificate provided by Medicare when their child's immunisation is complete.

This certificate may be obtained by contacting the Australian Childhood Immunisation Register on 1800 653 809 or via the myGov website. If you do not receive this certificate, you will need to enquire with the doctor, community health centre, council clinic, etc where your child was immunised.

Parents need to check with the most current requirements with regard to enrolling a child who has not been vaccinated.

### **13. UNIFORM**

Our **Uniform Shop** is located at the Eastern end of the K-2 toilets (driveway side) up a short ramp. It is very accessible for prams. Toddlers are very welcome. The prices are heavily discounted, and the volunteers will answer any questions you may have. Samples are available to try on before purchase with cash and personal cheque (payable to Caringbah North P.S. P&C Association) accepted. The shop is open every Tuesday and Friday during term from 8:45—9:20am. Orders can also be placed online using the Flexischools system or order forms can also be collected from the school office. Payment is requested when you place your order. School Bags, Library Bags, Paint Shirts, Raincoats and Hats are all available from the **Uniform Shop** and bags and hats can be bought daily from the Canteen.

Summer Uniform - Terms 1 & 4		
Girls	Boys	
<ul> <li>Summer dress (K-2)</li> <li>Embroidered short sleeve Peter Pan over blouse</li> <li>Royal blue culottes</li> <li>Short white socks, black shoes</li> <li>School hat</li> </ul>	<ul> <li>Blue embroidered 'Jack' shirt or blue polo shirt</li> <li>Grey Scags style 120 shorts (corduroy or cargo style not permitted)</li> <li>Short grey socks, black lace up school shoes</li> <li>School hat</li> </ul>	

Winter Uniform – Terms 2 & 3		
Girls	Boys	
<ul> <li>Embroidered over blouse in short or long sleeve or sky skivvy</li> <li>Blue check box pleated tunic or royal blue long trousers</li> <li>White socks (not ankle socks)/Navy cotton tights</li> <li>Black school shoes</li> <li>Royal blue embroidered fleecy jumper</li> <li>Royal blue fleecy zip jacket</li> <li>Blue school scarf is optional</li> </ul>	<ul> <li>Blue "Jack" shirt, blue polo shirt in short or long sleeve or sky skivvy</li> <li>Long/short grey pants scags style 134</li> <li>Grey socks</li> <li>Black lace-up school shoes</li> <li>Royal blue embroidered fleecy jumper</li> <li>Royal blue fleecy zip jacket</li> </ul>	

Updated uniform price lists can be obtained from the front office.

Sports Uniform		
Girls	Boys	
<ul> <li>Royal blue microfibre sport shorts</li> <li>Royal blue track pants (permitted in Winter Terms 2 &amp; 3)</li> <li>White SPF 50 polo shirt with crest embroidery</li> <li>Royal blue embroidered fleecy jumper</li> <li>White (predominantly) joggers and White socks</li> </ul>	<ul> <li>Royal blue microfibre sport shorts</li> <li>Royal blue track pants (permitted in Winter Terms 2 &amp; 3)</li> <li>White SPF50 polo shirt with crest embroidery</li> <li>Royal blue embroidered fleecy jumper</li> <li>White (predominantly) joggers and White socks</li> </ul>	
	<image/>	

#### NOTE:

Ankle socks are only permitted on Friday as part of the sport uniform.

Sew-on and metal school badges are available from the main office.

No jewellery, except watches, medical identification tags and stud earrings should be worn to school.

Our uniform is also available at Claudine Clothing - 23 President Avenue, Caringbah 9526 2525.

If you have any questions, please don't hesitate to speak to the uniform shop volunteers who are all very experienced in fitting uniforms.

<u>A school hat will be worn by all students throughout the whole year. Hats, broad brim (K-6 in two sizes) are available from the school uniform shop.</u>





### **CARINGBAH NORTH PUBLIC SCHOOL**



### **SCHOOL APP & BULK EMAIL UPDATE**

### PLEASE <u>RESUBSCRIBE</u> NOW!

Dear Parents and Carers

We have upgraded the system that we use to email you the Newslink, CaringBUZZ and other relevant important information regarding your child/children. We can now send you relevant <u>year</u> and <u>activity</u> specific notes, notices and alerts (similar to an SMS)!

Please subscribe again on the CNPS website in the <u>Newslink, CaringBUZZ and notes tab</u> by ticking the lists relating to your child/s year/s, activities <u>AND</u> the Newslink, CaringBUZZ and Notes list.

eg. If you have two children, one in Kindergarten and one in Year 4 that also plays in the band, you would tick the following:-

- 1. Kindergarten
- 2. Year 4
- 3. Band
- 4. Newslink, CaringBUZZ and Notes



At the end of each calendar year your child/s **year** will rollover (no need to resubscribe), however, you will need to subscribe each year to their relevant activities and unsubscribe to the activities that they no longer participate in.

and/or

#### Follow these instructions if you are using the app to receive school information

Download the free School Enews app to receive instant alerts!

- 1) On your device, open either the App Store, Play Store or Windows Store
- 2) Search for "Enews"
- 3) Download the app called "School Enews"
- 4) Open the app and search for your school name Caringbah North Public School

#### Check push alerts are turned on...

- 1. Open the app on your device
- 2. Inside the app, press the settings icon (cog)
- 3. Turn on the lists / groups that are important to you (and turn off the others)
- 4. Press "Done" or "Save" or "Back"

**Note:** The next time Caringbah North Public School sends a message, note, Newslink, CaringBUZZ or any relevant information to which you have subscribed, you should get an alert.

See this page for more info: http://app.schoolenews.com

Regards Caringbah North Public School



**School**Enews



### we're on facebook

Caringbah North Public School look for our school logo we are an official site

For up to date reminders, photos and school news remember to



### https://www.facebook.com/caringbahnps

Please note this is just a page, we can't be friends or send messages!



