

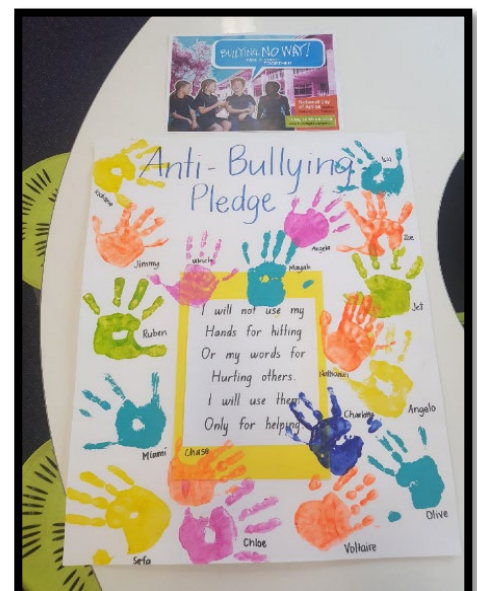
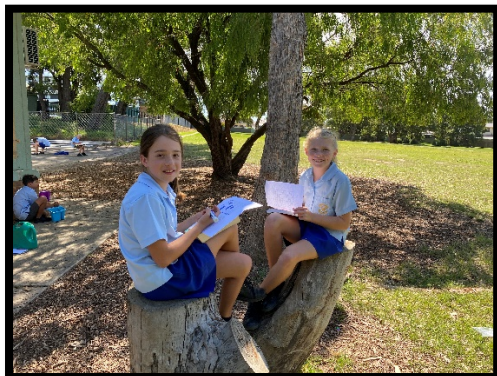
# Caringbah North Public School

*Connecting*

*Informing*

*Learning*

## 2021 School Information Book





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# Welcome

On behalf of the staff of Caringbah North Public School, I welcome all new families to our school. I am confident that your child will enjoy their time at Caringbah North Public School, where an emphasis is placed on fostering a positive and caring relationship between pupils, staff and parents.

The school encourages all students to achieve their greatest potential in the acquisition of knowledge, the development of skills and the formation of values which will assist them to live in an increasingly complex and changing world.

Student welfare, which encompasses everything the school community does to meet the personal, social and learning needs of students, is also emphasised and regularly evaluated.

I strongly encourage all parents to become involved in their child's education and look forward to your association with Caringbah North Public School.

*Sharon Tollis*

*Principal*





## General Information

Address	125 Cawarra Road Caringbah NSW 2229
Telephone	9524 6098 / 9524 5500
Fax	9540 2826
Email	<a href="mailto:caringbahn-p.school@det.nsw.edu.au">caringbahn-p.school@det.nsw.edu.au</a>
Website	<a href="http://caringbahn-p.schools.nsw.edu.au">caringbahn-p.schools.nsw.edu.au</a>
Office hours	8.30am – 3.30pm

## School hours and supervision

Morning assembly	9.10am
Lunch	11.10am – 12.00pm
Recess	2.00pm – 2.25pm
	Dismissal
Kindergarten	2.45pm term 1, week 1 3.10pm term 1, week 2 – term 4
Years 1 – 6	3.10pm

Teachers supervise the students in the playground during all these periods. The school's morning supervision roster starts from 8:40am. There are no adult staff members available to ensure the safety of students in the playground prior to that time. Parents remain legally responsible for their child prior to 8:40am when supervision begins. We therefore ask that parents ensure that their child is not left unsupervised at the school before 8:40am unless their child is attending a morning rehearsal/training session.

## Attendance at school

All students enrolled at school are required by law to attend school on each day that instruction is provided. All schools record daily attendances. It is the parents' duty to ensure regular school attendance and that students arrive punctually at school.

Parents should send a note to school explaining any absences and contact the school if an absence is to exceed three days.

Parents who bring students to school late in the morning, or who wish to take them home at any time during the day, **must first go to the office to sign them** in/out and which details the reason. Parents/carers **MUST** accompany students to the office when arriving late. They can then be taken to class. Students arriving late and leaving early will be closely monitored and, if it becomes a regular occurrence, the school is required to follow up.

Attendance is monitored by class teachers and recorded in the school attendance register. The register is a legal document and therefore is often subpoenaed. It is essential that we record absences and the correct reason for each absence accurately. All absences are recorded, whether a 10 minute absence or a whole day absence. Absenteeism is carefully monitored by teachers, the school and the Home School Liaison Officer. Home School Liaison Officers are specially trained teachers who work with the school, staff, families and students to improve student attendance at school.

Please ensure appointments with doctors and dentists are made outside school hours. If the child is absent for any reason other than sick leave, leave approval must be sought from the school principal prior to commencement of the leave. Due to the implementation of the *ACARA National Standards for Student Attendance Data Reporting*, any travel or holidays taken by students outside of school vacation periods will now be recorded as absences on the student's record.

Parents will be required to complete an Application for Extended Leave – Travel and submit to the principal for their consideration.



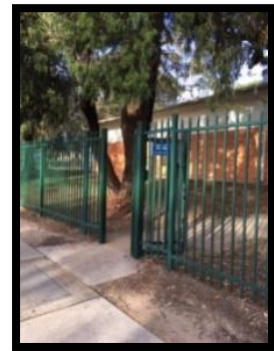
# Arrival and dismissal

Students should enter or exit the school via:

- a) The gate near the pedestrian crossing in Cawarra Road;
- b) The gate in Cawarra Road behind the school hall;
- c) The gate leading to the pedestrian crossing in Dianella Street;
- d) The gate at the back of the large grass playground.

These gates are open before 9:30am and after 2:45pm. Parents should use any of these gates when meeting students.

Outside of these times school gates are locked, except the gate in Cawarra Road near the Assembly Hall, which is kept closed but not locked.



The day commences for:

Years K – 2	9.10am	daily in the large shade covered area;
Years 3 – 6	9.10am	daily in the 3-6 playground COLA

We ask that parents and grandparents leave the playground as soon as they have dropped their child off at school to assist with settling in, as well as providing the duty teacher with an unobstructed view of all students.

The end of day bell is at 3.10pm for all students.

*Please note that week 1, term 1 kindergarten students are dismissed at 2.45pm. From week 2, term 1 they will be dismissed at 3.10pm.*

## 2021 Calendar – term dates

### **Term 1**

Friday 29 January – Thursday 1 April 2021 (10 week term)

*Kindergarten students also start Friday 29 January at 10am*

School Holidays – Friday 2 April 2021 to Sunday 18 April 2021

### **Term 2**

Monday 19 April – Friday 25 June 2021 (10 week term)

School Holidays – Saturday 26 June 2021 to Sunday 11 July 2021

### **Term 3**

Monday 12 July – Friday 17 September 2021 (10 week term)

School Holidays – Saturday 18 September 2021 to Monday 4 October 2021

### **Term 4**

Tuesday 5 October – Friday 17 December 2021 (11 week term)

School Holidays – Saturday 18 December 2021 to 27 January 2022

### **Staff Development Days**

- Term 1 – 27 and 28 January 2021
- Term 2 – 19 April 2021
- Term 3 – 12 July 2021
- Term 4 – 17 December 2021

(Dates are correct at time of printing)

# Routines and procedures

## Enrolments

All local children who turn 5 years of age before August 1 are entitled to enrol at school. It is strongly recommended that they start during the first week of term 1.

Requests for enrolment of non-local students will be considered on an individual basis. An Out-of-Area application needs to be completed and submitted to the school office. The form is available on the school website or a copy can be collected from the office.

Orientation Days for Kindergarten and the Year 5 Opportunity Class are held in term 4 of the year prior to enrolment.

## Court orders

Where there are custody, care or access issues regarding a child, a copy of the court order needs to be given to the Principal to enable a confidential record to be made. Copies of any other court orders relevant to the family also need to be provided to the school.

## Home – school communication

Parents are informed of school activities by the school website, the school app **SchoolEnews**, weekly Newslink, notes sent home and by our newsletter CaringBUZZ which goes home twice per term in weeks 5 and 10.



Notes which give details of specific school activities related to your child's education are distributed as required. **Parents should regularly check with their child to see if any correspondence has been issued.** Copies of school notes are also available on the school website.

## Calendar

Each term a school calendar is included in the Newslink and on the school website. Please keep this as a handy reference and update it whenever new dates are advised.

## Charities

Each year the Student Representative Council determines which charity will be supported each term. Various activities are planned to raise funds for the nominated charities. Annual fundraising is held for Stewart House as well as to aid in the sponsorship of our World Vision Child Abroad.

## Excursions

Excursions, which are held on a Stage basis, are organised as required. All excursions are designed to complement our school programs and enhance your child's learning.

## Homework

All students are provided with weekly homework that is in line with DoE recommendations. This will include literacy and numeracy tasks along with research projects in years 2-6. More information about tasks is provided in stage information sessions at the beginning of the year.



## **Interviews**

Parents requesting an interview with the Principal or members of staff should contact the school to arrange a mutually suitable time. Please do not 'drop in' to speak to teachers during class time or whilst they are on playground duty.

Parent/Teacher interviews are held at the end of term 1. Contact with parents also takes place at the beginning of term 1 as an Information Session.

## **The library**

The library is operated, five days per week.

The library is usually open to students during the second half of lunch. Borrowing is conducted during class lessons and at lunch time. Books can be kept for two weeks. To ensure books are kept clean and in good condition all students need a library bag when borrowing from the library. Families are responsible for the replacement of books which may be lost or damaged.

## **Lost property**

Parents are strongly urged to label permanently and clearly all items of clothing plus school requisites. A Lost Property Box is located in both the K-2 and 3-6 areas. Please feel free to check for your child's missing items.

Items not collected after a number of weeks are either donated to the Uniform Shop Second Hand Clothes or a local charity.

## **Payments**

Payments for all school related activities such as excursions, sport, etc. as well as fees, and resources, can be made online through the school website by clicking on the **\$Make a Payment** to access POP (Parent Online Payments) or through the SchoolEnews app. Our preference is for online payments however cash/cheque can be deposited in the school collection box provided in the office.

There is a separate box also provided for any P&C activities such as raffles, School Fair etc. White notes go in School Collection Box and Yellow notes go in P&C Collection Box.

## **Personal belongings**

Students' personal equipment e.g., rulers, coloured pencils should, if possible, be labelled. Items of value, including expensive toys, should not be brought to school unless being used for news items. Even in this case, no responsibility can be taken for theft or damage to any item that a student brings to school.

## **Performances**

On occasions during the year students are entertained and educated by visiting performers. These acts are all approved by the Department of Education and are designed to support school programs, especially in the Creative Arts.

## **School contribution**

An annual contribution per child per year is sought by the school. This money enables educational resources to be purchased for use by your children. The contribution can be paid annually or each semester.

## **Scripture**

Scripture classes are held every Thursday morning by Protestant or Catholic Religious Instructors. Ethics may also be available for your child dependant on the availability of volunteers.

K – 2 classes: 10.05am – 10.35am

3 – 6 classes: 10.35am – 11.10am

Parents have the right to request their child not attend scripture. The non-scripture group is supervised by a class teacher.

Ethics classes are currently provided for Stage 1, 2 and 3 according to availability of volunteers to teach.

Further information on Ethics Classes can be found at - <http://www.primaryethics.com.au>

## **Student Representative Council (SRC)**

Two representatives from each class in Years 2-6 plus the School Captains and Prefects comprise the SRC. All students are elected to these positions by their peers.

This group has regular meetings at which school issues affecting students are discussed eg. playground, rules, uniform and more.

The role of the SRC is to:

- Represent student feelings, interests and opinions as part of the decision making in the process in the school
- Promote school spirit and good relations between students, staff, other schools and the community
- Encourage participation in all aspects of school life
- Coordinate fundraising for school and community projects
- Assist as needed, at school assemblies and other school functions

## **Vehicles – parking**

Parents dropping students in the morning or collecting them in the afternoon are advised that there is NO vehicular access to the school, even on rainy days.

Parking regulations in Cawarra Road and Dianella Street must be adhered to so as to minimise the likelihood of accidents to students (and significant fines).

## **Wet weather**

On wet days, pupils should ensure that they have appropriate wet weather clothes. They are also encouraged to bring along an indoor game to occupy themselves during breaks.

On wet days students should arrive at school close to morning lines time. When wet weather is called in the mornings after 8.40am, students go straight to class where they will be supervised by teachers.

## **Before and After School Care / The Caringbah North Activity Centre**

Before and After School Care is a non-profit organisation which provides programs to enable students to play with friends and take part in a variety of supervised activities in a safe and caring environment.

The centre operates Monday to Friday between the hours of 7.00am to 9.00am and 2.45pm to 6.25pm.

The Caringbah North Activity Centre is onsite, and can only be accessed in the morning and evening via the Cawarra Road gate, near the pedestrian crossing.



Please phone **9540 2239** for information about the Centre.

## **Emergency procedures**

There are procedures at our school for emergencies.

These include evacuation and lockdown.

The WHS committee reviews the procedures annually.

Drills are carried out at least twice per year and are then reported reviewed by our Work Health and Safety Committee. A debriefing with all staff follows each drill to determine the effectiveness of the emergency response.

Different procedures are applied to each of these emergencies – see below.

Parents involved in school activities on the school premises will follow the same procedures outlined for the students.

**Parents are advised in school News Bulletins not to contact the school during an emergency as phone lines need to be available for incoming and outgoing calls to and from various DET and emergency departments.**

In the case of a shutdown, parents are advised to listen to Sutherland Community radio 2SSR FM (99.7) for emergency information and respond accordingly. Students will not be dismissed from school until we are advised by Department of Education Regional Office or Emergency Services.

## School functions

Parents attendance at various school functions such as Easter Hat Parade, the Sutherland Shire School's Music Festival, Education Week, Book Week activities, Sports Carnivals, Walkathon and Presentation Day is encouraged and very much appreciated.



# Curriculum

The primary curriculum is divided into six Key Learning Areas that must be studied by all children in each year of their primary school career. The greatest emphasis is placed on English and mathematics.

## English

- Reading and Viewing
- Writing and Representing (including Spelling and Handwriting)
- Speaking and Listening

## Mathematics

- Working Mathematically
- Number and Algebra
- Measurement and Geometry
- Statistics and Probability

## Science and Technology - STEM

Students learn about natural and made environments by investigating, designing, making and using technology.

## Human Society and Its Environment (History & Geography)

Students learn about Change and Continuity, Cultures, Environments and Social Systems and Structures.

## Creative Arts

- Music
- Visual Arts
- Drama

## Personal Development, Health and Physical Education

- Growth and Development
- Games and Sport
- Gymnastics
- Dance
- Active Lifestyle
- Personal Health Choices
- Safe Living
- Interpersonal Relationships

# Co-curricular activities

## **Bands**

Two bands are run at the school

**Performance Band** - students audition to gain a place in this ensemble.

The group meets weekly before school. If parents wish to purchase an instrument for their child, advice should be sought from the Band Coordinator.

**Training Band** – each year this program targets Year 4 and new Year 5 students. Instruments are available for hire. This group meets weekly in school hours.

Weekly tutorials are conducted for all bands before school. Fees are involved with each group.

## **Choirs**

Two choir groups operate in our school. The Senior Choir includes students from Years 5 and the Junior Choir includes students from year 2. These students have the opportunity to perform at the Sutherland Shire Music Festival and various school functions.

## **Dance Groups**

Students from Years 3-6 audition for the Dance Groups at the beginning of each year. There are various dance groups for both boys and girls. Dance rehearsals are held either before school or at lunchtime in preparation for various performances including the Sutherland Shire Music Festival and various school functions.

## **EAL/D (English as an Additional Language or dialect)**

- The school has an ESL allocation which varies from year to year. Our ESL teacher assists those students, K-6, from non-English speaking backgrounds, to develop skills in the English language.

## **Learning support team**

- The Learning Support Team meets weekly to ensure that the needs of individual students are addressed. The members of this team include the
- Coordinator, School Counsellor, teachers and the Learning and Support Teacher. Each class teacher attends a scheduled meeting to discuss needs of students in his/her class.

## **Learning and support teacher (LaST)**

The Learning and Support Teacher assesses students who have been identified as requiring additional support in the areas of Literacy and Numeracy.

After consultation with the school Learning Support Team and the class teacher an individual program is written for each student.

Programs are implemented by the support teacher, class teacher and parent tutors who are trained to help. The support teacher also monitors and records students' progress.

## **National Assessment Program Literacy and Numeracy (NAPLAN)**

Years 3 and 5 students are assessed each year in the areas of Spelling, Grammar, Punctuation, Writing, Reading and Numeracy.

NAPLAN results are communicated to parents.

The school undertakes an analysis of the results in order to meet the needs of students.

## **Opportunity Classes (OC)**

OC classes are designed to cater for the needs of academically gifted primary school students throughout NSW. These classes operate in Years 5 and 6. Year 4 students apply to sit for an external test which is set by the Higher Performing Students Unit and usually held in either July or August. The results of this test, combined with school assessment, determine offers of placement, which are usually made by the end of October. An Orientation Day is held in term 4.

In the Sutherland area there are four such classes. Two are located at Sutherland Primary School and two at our school. Our Year 5 and 6 OC classes draw students from over twenty-five feeder Primary Schools. A camp is held for Year 5 early in term 1 to help students in OC bond with their new classmates.

## **Personal Development Programs**

During the year, all students have lessons, at their level of understanding, targeting Social Skills, Anti-Bullying, Drug Education and Child Protection.

## **Public Speaking**

As part of the Speaking and Listening component of the English syllabus, public speaking is conducted in all grades; kindergarten to year 6. Representatives are selected to participate in the K-2, 3/4 and 5/6 sections of the Zone Public Speaking competition held in term 3.

## **Sport**

Sport is held each Friday. Year 3 – 6 students participate in inter-school competitions in soccer, cricket, softball, netball and basketball. The sports will vary from year to year.

Tennis (Years 5 & 6), stroke correction, flipa ball (a water polo activity for Years 5 & 6 in summer terms only) and a House sport program are offered to students not participating in these competitions.

Students are allocated to four House Groups:

<b>Cawarra</b>	<b>Yellow</b>
<b>Taronga</b>	<b>Green</b>
<b>Dianella</b>	<b>Red</b>
<b>Carabella</b>	<b>Blue</b>

Children from the same family are allocated to the same House Group.

The School Swimming Carnival is held in Term One (8-13 year olds), the Cross Country Carnival (8-13 year olds) in Term Two and the Athletics Carnival is in Term Three (whole school).

The Intensive Swimming Scheme, held over a fortnight, targets non swimmers and partial swimmers in Years 2, 3 and 4.

K – 2 students participate in a gymnastics program.

K – 2 students participate in a fitness program for 20 minutes each Thursday. Each Friday, sporting activities including dance, ball skills and games, are organised to develop the 12 Fundamental Movement Skills.

## Student leadership

Students are encouraged to take active leadership roles. School Captains and Vice-Captains are elected each year. Year 6 students are elected to the Prefect body.

All classes from Years 2 to 6 elect two representatives for the Student Representative Council which meets monthly to discuss issues of concern to students and to organise charity fundraising.

The four sports Houses elect House Captains and Vice-Captains.

The Tech team assist with the smooth functioning of the library during the second half of lunch.

## Discipline

The School's discipline system aims to reinforce positive behaviour by rewarding students with "You Earned It" cards. Every five cards earn the student a different merit certificate. The maximum 25 cards entitles the student to a sew-on badge which is worn on the school hat. Certificates can be carried forward each year.

Certificates are presented at assemblies throughout the year and the names of 25 *You Earned It* winners are listed in school newsletter.

A copy of the School's Discipline Policy, which fully details the many aspects of this program, is provided to parents at enrolment.

## Sick students

Students who indicate, prior to leaving for school, that they are unwell or students obviously unwell should not be sent to school. If unsure it is better to keep them at home.

**If a child is sick or injured at school, parents or the person nominated as an emergency contact will be notified by a staff member. It is expected that a family member or nominated person will come and collect the child from school as soon as possible.**

On many occasions staff cannot contact parents or emergency carers and this can make it very difficult for everyone involved, particularly the sick child. Please ensure any changes in contact persons and telephone numbers are forwarded to the school office immediately.

If a doctor is required, due to serious injury, every effort will be made to contact a parent to obtain permission or gain advice.

If this is not possible, the school will seek help from the doctor nominated by the parent/guardian on the child's records, or will seek medical assistance from a local doctor, or if necessary, ring an ambulance.



# Common school infections

During a child's life at school it is possible that they will contract some common diseases. To stop the disease spreading throughout the school there may be a period of exclusion as per the table below. For further details the school office or NSW Department of Health should be contacted: <http://www.health.nsw.gov.au>

## **Infectious Diseases**

Under the Public Health Act and Department of Education and Training regulations some common infectious diseases require children be kept at home to prevent the spread of infection. If your child has not been vaccinated against some of those diseases for which vaccines are available and there is an outbreak at the school, your child may be asked to also remain at home for a period of time. The following outlines some childhood diseases and the time for which they must remain at home to ensure they are no longer contagious.

## **When must I keep my child at home?**

The school's sickbay is for emergency or short-term use only. If children become sick at school their parents will be telephoned and asked to collect them.

Parents are required to provide the school with the name and phone number of an emergency contact for occasions when parents cannot be reached. It is important that information about emergency contacts is kept up-to-date.

## **Children should be kept at home if:**

They need to be excluded from school in accordance with Department of Health regulations or If a serious accident occurs at school, parents or emergency contacts will be telephoned as soon as possible. An ambulance will be called and the child admitted to casualty at the Principal's discretion if parents or contacts cannot be reached.

**It is essential that parents notify the school whenever contact details change.**

<b>Disease</b>	<b>Exclusions from school</b>
Chicken Pox	Not prior to 5 days after rash initially appears and all blisters have dried and scabbed.
Trachoma (Conjunctivitis)	Seek a doctor's advice. Children should remain home until discharge from eyes has stopped.
German Measles	Children should remain at home until fully recovered or for a minimum of 4 days after rash appears.
Glandular Fever	If a child is too sick it as advised that they remain at home otherwise they may attend.
Impetigo (school sores)	After treatment has started. Sores must be completely covered with a watertight dressing until fully healed.
Hand, foot and mouth disease	Children should remain at home until all blisters have dried.
Influenza	Child should remain at home until they are feeling well enough to attend.
Measles	Students diagnosed with measles are not to return to school until medical certificate of recovery is produced. Child should remain at home for a minimum of 4 days after rash appears. Contacts who are not immune should also remain at home for 14 days.
Meningococcal	Symptoms include sudden onset of fever and a combination of headache, neck stiffness, nausea, vomiting, drowsiness and a rash. Medical help should be sought immediately. Child should remain at home until appropriate antibiotic treatment has been completed.
Mumps	Students diagnosed with mumps should stay away from others for 9 days after the onset of swelling. A medical certificate of recovery is required.
Slapped Cheek	Child may have fever, red cheeks, itchy lace-like rash. The school needs to be notified immediately as the infectious period is before the rash appears. Child should return to school when well enough.
Whooping Cough (Pertussis)	Child should remain at home until 5 days of antibiotics have been taken and doctor's approval has been given to return to school (or for 21 days from onset of coughing). Contacts that live in the same house and have received less than 3 doses of pertussis vaccine are to be excluded until they have had 5 days of antibiotics (or 21 days after last exposure to the case whilst infectious).
Ringworm	Until appropriate treatment has commenced. Sores must be completely covered with a watertight dressing until fully healed.
Head Lice	Head Lice infestation is a common problem throughout the world in all socioeconomic groups. Considerable myth and misinformation surrounds head lice and their management. Studies have shown that around one in four primary school aged children in Australia have head lice. NSW Health does not recommend excluding children with head lice from school due to the following reasons: Head lice are not known to transmit diseases. Exclusion from school or childcare is not an effective way of breaking the cycle of head lice infestations.

# Administration of medication

Due to recent changes in departmental policy in regard to the administration of prescription and non-prescribed medications, parents need to be aware of the following details.

## Non-Prescribed

Under no circumstances will non-prescription drugs e.g. Panadol, Nurofen, Claratyne, topical creams of any description, cough and cold medications etc. be administered to a student by any member of staff, teacher or administration officer. These medications if required, must be accompanied by a medical plan from a doctor outlining the reason why they are needed. Alternatively, a parent or guardian may come to the school to administer these treatments.

## Prescribed

Students who require medication which has been prescribed by a doctor must have the appropriate paperwork. The school will require a school medication form to be filled out and signed by a parent/guardian. Together with this form we require a written notification from the doctor, who has prescribed the medication, stating that the student requires the medication during school hours. **Without this authority we will be unable to give your child their medication.** However, a parent or guardian will be permitted to come to school and administer the medication themselves.

## Asthma

In regard to asthma sufferers, these students should carry on their person, at all times, the appropriate asthma medication. Parents who are concerned that their child may not be able to self-administer should ensure their child is taught how to safely medicate themselves. It is important for their own well-being, in the case of an attack, that they have immediate access to their medication. Please note that all asthma sufferers who require continual medication should have given a copy of their personal asthma plan to the office (for our reference in case of an emergency). This should be updated as variations occur.

In an emergency situation the school does hold Ventolin inhalers in the office for student use. Naturally, in severe cases, where a student requires medical attention, we would immediately contact a parent or seek medical assistance from the doctor identified on your child's records or emergency ambulance services.

## Immunisation

The NSW Department of Health recommends that all children entering school be fully immunised. Parents enrolling kindergarten students need to present the school with an Immunisation Certificate provided by Medicare when their child's immunisation is complete. This certificate may be obtained by contacting the Australian Childhood Immunisation Register on 1800 653 809 or via the myGov website. If you do not receive this certificate, you will need to enquire with the doctor, community health centre, council clinic, etc where your child was immunised.

Parents need to check with the most current requirements with regard to enrolling a child who has not been vaccinated.

## Mobile phones

Mobile phones are important modern day communication tools. However, they can easily be improperly used, lost or damaged and must therefore be effectively managed.

Students are not to bring mobile phones to school unless permission from the Principal has been successfully sought by parents who have outlined the health, safety or personal reasons that justify the student being in possession of a mobile phone.

Application forms are available from the school office. Parents must sign the application to state that they have read and understood the school policy regarding student mobile phones at school.

Students with permission to bring a mobile phone to school must keep the phone in their school bag and turned off during school hours and during any school function out of school hours (eg. discos and excursions).

Under no circumstances, may a student send or receive calls or SMS messages to or from anyone whilst at school. In cases of emergency, calls must be sent and received through the school office so that the school is aware of any student welfare issues.

Students misusing personal mobile phones at school will be brought to the attention of the Principal.

Under the "Department of Education Suspension and Expulsion Policy" a student may be suspended for transmitting abuse electronically by email, social media or SMS messages whilst at school.

**The Principal's permission is only effective for one academic year or part thereof. Permission must be gained for each new school year.**

The Principal may revoke a student's privilege of bringing a mobile phone to school.



# Uniform

Our **Uniform Shop** is located at the Eastern end of the K-2 toilets (driveway side) up a short ramp. It is very accessible for prams. Toddlers are very welcome. The prices are heavily discounted and the volunteers will answer any questions you may have. Samples are available to try on before purchase with cash and personal cheque (payable to Caringbah North PS P&C Association) accepted. The shop is open every Monday during term from 2:45—3:20pm and Friday 8.45am – 9.20am. Orders can also be placed online using the Flexischools system or order forms can also be collected from the school office. Payment is requested when you place your order. Completed orders will be given to the child via the classroom teacher.



School Bags, Library Bags, Paint Shirts, Raincoats and Hats are all available from the **Uniform Shop**. Bags and hats can be bought daily from the Canteen.

If you have any questions, please don't hesitate to speak to the uniform shop volunteers who are all very experienced in fitting uniforms.


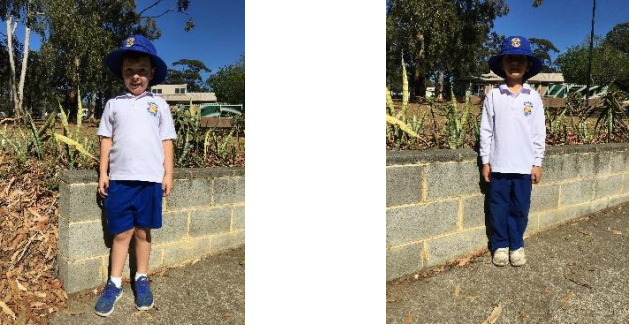
Summer uniform – Terms 1 & 4	
Girls	Boys
<ul style="list-style-type: none"> <li>• Summer dress (K-2)</li> <li>• Embroidered short sleeve Peter Pan over blouse</li> <li>• Royal blue culottes</li> <li>• Short white socks, black shoes</li> <li>• School hat</li> </ul>	<ul style="list-style-type: none"> <li>• Blue embroidered 'Jack' shirt</li> <li>• Grey Scags style 120 shorts (corduroy or cargo style not permitted)</li> <li>• Short grey socks, black lace up school shoes</li> <li>• School hat</li> </ul>
	

**NOTE: A school hat will be worn by all students throughout the whole year. Hats, broad brim (K-6 in two sizes) are available from the school uniform shop.**

### Winter uniform – Terms 2 & 3

Girls	Boys
<ul style="list-style-type: none"> <li>• Embroidered over blouse in short or long sleeve or sky skivvy</li> <li>• Blue check box pleated tunic or royal blue long trousers</li> <li>• White socks (not ankle socks)/navy cotton tights</li> <li>• Black school shoes</li> <li>• Royal blue embroidered fleecy jumper</li> <li>• Royal blue fleecy zip jacket</li> <li>• Blue school scarf is optional</li> </ul>	<ul style="list-style-type: none"> <li>• Blue “Jack” shirt or sky skivvy</li> <li>• Long/short grey pants scags style 134</li> <li>• Grey socks</li> <li>• Black lace-up school shoes</li> <li>• Royal blue embroidered fleecy jumper</li> <li>• Royal blue fleecy zip jacket</li> </ul>
	

### Sports uniform

Girls	Boys
<ul style="list-style-type: none"> <li>• Royal blue culottes or royal blue microfibre sport shorts</li> <li>• Royal blue track pants (permitted in Winter Terms 2 &amp; 3)</li> <li>• Royal blue microfibre track jacket</li> <li>• Sport briefs (optional)</li> <li>• White SPF 50 polo shirt with crest embroidery</li> <li>• Royal blue embroidered fleecy jumper</li> <li>• White (predominantly) joggers and white socks</li> </ul>	<ul style="list-style-type: none"> <li>• Royal blue microfibre sport shorts</li> <li>• Royal blue track pants (permitted in winter terms 2 &amp; 3)</li> <li>• Royal blue microfibre track jacket</li> <li>• White SPF50 polo shirt with crest embroidery</li> <li>• Royal blue embroidered fleecy jumper</li> <li>• White (predominantly) joggers and white socks</li> </ul>
	

Updated uniform price lists can be obtained from the school office.

## Note

Ankle socks are only permitted on Friday as part of the sport uniform.

Sew-on and metal school badges are available from the office.

No jewellery, except watches, medical identification tags and stud earrings should be worn to school

Our uniform is also available at Claudine Clothing located at 23 President Avenue, Caringbah 9526 2525. Our price list has the Claudine's prices as well as the uniform shop prices for your convenience.



## Community involvement

Community members are encouraged to become involved with the school through the P&C and its various committees.

Parents are also invited to assist with individual tutoring programs, class reading and maths groups, excursions, sport and more.

Details of such involvement will be included in written correspondence sent to parents during the year.

New regulations require anyone working/volunteering with children to complete a 'Prohibited Employment Declaration'. This document can be collected from the office.

## **P&C Association**

The Parents and Citizens Association enables the community to be actively involved in our school. Meetings are held twice a term in the library, commencing at 7.00pm. Dates will be published in the school newsletter. All parents are cordially invited to attend. The main sub-committees of the P&C are; Canteen, Fundraising and Uniform. These committees make recommendations to the P&C regarding major issues relating to their areas of responsibility.

## **Canteen**

The Canteen operates Monday to Friday and is open at recess and lunchtime.

**Ordering:** Orders can be placed via 2 methods, the first being online ordering using the Flexischools system. Students can also complete an order on a bag (include name, class, order and money) and take it to the Canteen before school commences. Change will be taped to the bag. A class representative will collect all lunches before 11.10am.



No food may be purchased prior to the commencement of school.

The Canteen aims to provide a variety of balanced and nutritious foods at a reasonable price. A list of available items and prices is issued at the beginning of the school year. Parents are also encouraged to monitor their children's diet.

If you would like to help, please email [cnpspandc@gmail.com](mailto:cnpspandc@gmail.com).

***Friday canteen procedures: Recess only to be ordered for Years 3-6 that play PSSA.***

All students who play **PSSA sport** are only allowed to order recess on a Friday. Strictly no lunch orders for students playing away sport.

**Friday K-2 canteen procedures are the same as every other day.**

Volunteers unable to fill their shift are asked to try and find a replacement if possible. If no replacement can be found, they are asked to phone the Supervisor with as much warning as possible.

**Credit is not available except in cases of emergency.**





## SCHOOL APP & BULK EMAIL UPDATE

### **PLEASE RESUBSCRIBE NOW!**

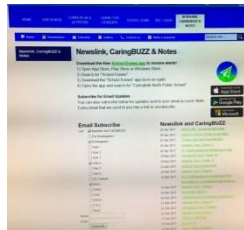
Dear Parents and Carers

We have upgraded the system that we use to email you the Newslink, CaringBUZZ and other relevant important information regarding your child/children. We can now send you relevant year and activity specific notes, notices and alerts (similar to an SMS)!

Please subscribe again on the CNPS website in the **Newslink, CaringBUZZ and notes tab** by ticking the lists relating to your child/s **year/s, activities AND the Newslink, CaringBUZZ and Notes** list.

eg. If you have two children, one in Kindergarten and one in Year 4 that also plays in the band, you would tick the following:-

1. **Kindergarten**
2. **Year 4**
3. **Band**
4. **Newslink, CaringBUZZ and Notes**



At the end of each calendar year your child/s **year** will rollover (no need to resubscribe), however, you will need to subscribe each year to their relevant activities and unsubscribe to the activities that they no longer participate in.

and/or

#### **Follow these instructions if you are using the app to receive school information**

Download the free School Enews app to receive instant alerts!

- 1) On your device, open either the App Store, Play Store or Windows Store
- 2) Search for "Enews"
- 3) Download the app called "School Enews"
- 4) Open the app and search for your school name – **Caringbah North Public School**

#### **Check push alerts are turned on...**

1. Open the app on your device
2. Inside the app, press the settings icon (cog)
3. Turn on the lists / groups that are important to you (and turn off the others)
4. Press "Done" or "Save" or "Back"

**Note:** The next time Caringbah North Public School sends a message, note, Newslink, CaringBUZZ or any relevant information to which you have subscribed, you should get an alert.

See this page for more info: <http://app.schoolenews.com>

Regards  
**Caringbah North Public School**





# We're on facebook

Caringbah North Public School  
look for our school logo  
we are an official site

For up to date reminders, photos and school news remember to



<https://www.facebook.com/caringbahnps>

*Please note this is just a page, we can't be friends or send messages!*



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